

I feel stuck.

Make it Better for

TAY

Make the process comfortable for youth.

If the following describes you, a family member or a client of yours, we can help.

- Youth aged 16 to 24 who live in Lanark, Leeds & Grenville
- Youth who have persistent mental health (MH) and/or addiction issues, including:
 - Those who have some MH challenges who can manage on their own with support
 - Those who have serious MH issues or illness who require additional supports
- Youth who need help connecting to community services (i.e. education, employment, mental health, addictions, housing and/or recreation), including:
 - Those who need help to transition from children and youth services to adult services
 - Those who require connections to needed community supports and services

*Services are offered in Smiths Falls, Perth and Brockville.

Support . Connect . Empower

TAY

Transitional Aged Youth

youthab.

www.youthab.ca

Addictions and Mental Health Services in Lanark, Leeds & Grenville (LL&G)

Children's Mental Health of Leeds & Grenville (CMHLG) provides a range of free mental health services for children, youth and their families (up to age 18). CMHLG offers timely services on a continuum from single session through to intensive services.

Lanark County Mental Health responds to individuals (17 yrs+) who experience mental health concerns.

Community services include:

- Crisis, counselling and treatment
- Case management
- Court Diversion / Court Support

Lanark, Leeds & Grenville Addictions and Mental Health provides addictions services for all ages and programs for individuals (16 yrs+) who experience various mental health issues.

Community services include:

- Addictions treatment, prevention and awareness
- Counselling and case management
- Recovery and wellness programs

Open Doors for Lanark Children and Youth provides a range of community mental health services (up to age 18) including:

- Quick response
- Counselling
- Family resources



Lanark County Mental Health
Listening To Understand



LANARK, LEEDS AND GRENVILLE
ADDICTIONS AND MENTAL HEALTH
THE RIGHT CARE • THE RIGHT TIME • THE RIGHT PLACE



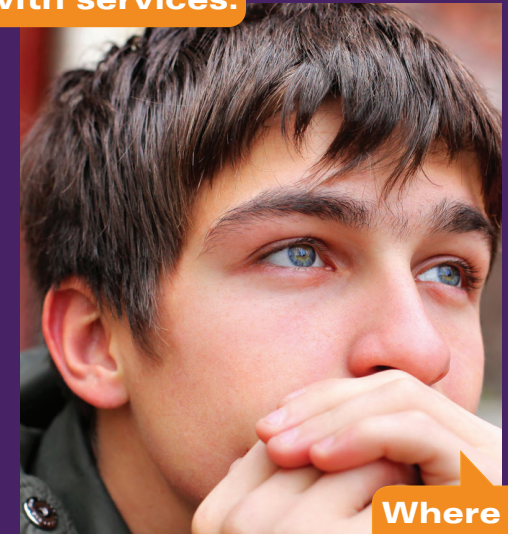
Support . Connect . Empower

TAY

Transitional Aged Youth



I need help connecting with services.



Where do I go now?

Serving Lanark, Leeds & Grenville

youthab.



I'm struggling.

Help for TAY

Transitional Aged Youth

Why Transition Services?

Services for children end at age 18 and services for adults begin at age 16, making it necessary for youth to move from one agency to another to continue receiving mental health services.

Some youth require connections to needed community supports and services.

Our Mission

To support youth holistically, connecting them to appropriate ongoing services and enhancing their skills toward independence.

Our Goal

To provide support and stability to youth during the transition process and assist them with their emotional well-being and day-to-day activities.

Contact

To make a referral or for more info, please contact:
Transitional Connector

In Lanark:

613 283 8260

613 249 3548

613 207 0730

taylanark@youthab.ca

In Leeds & Grenville:

613 342 2262

613 342 0884

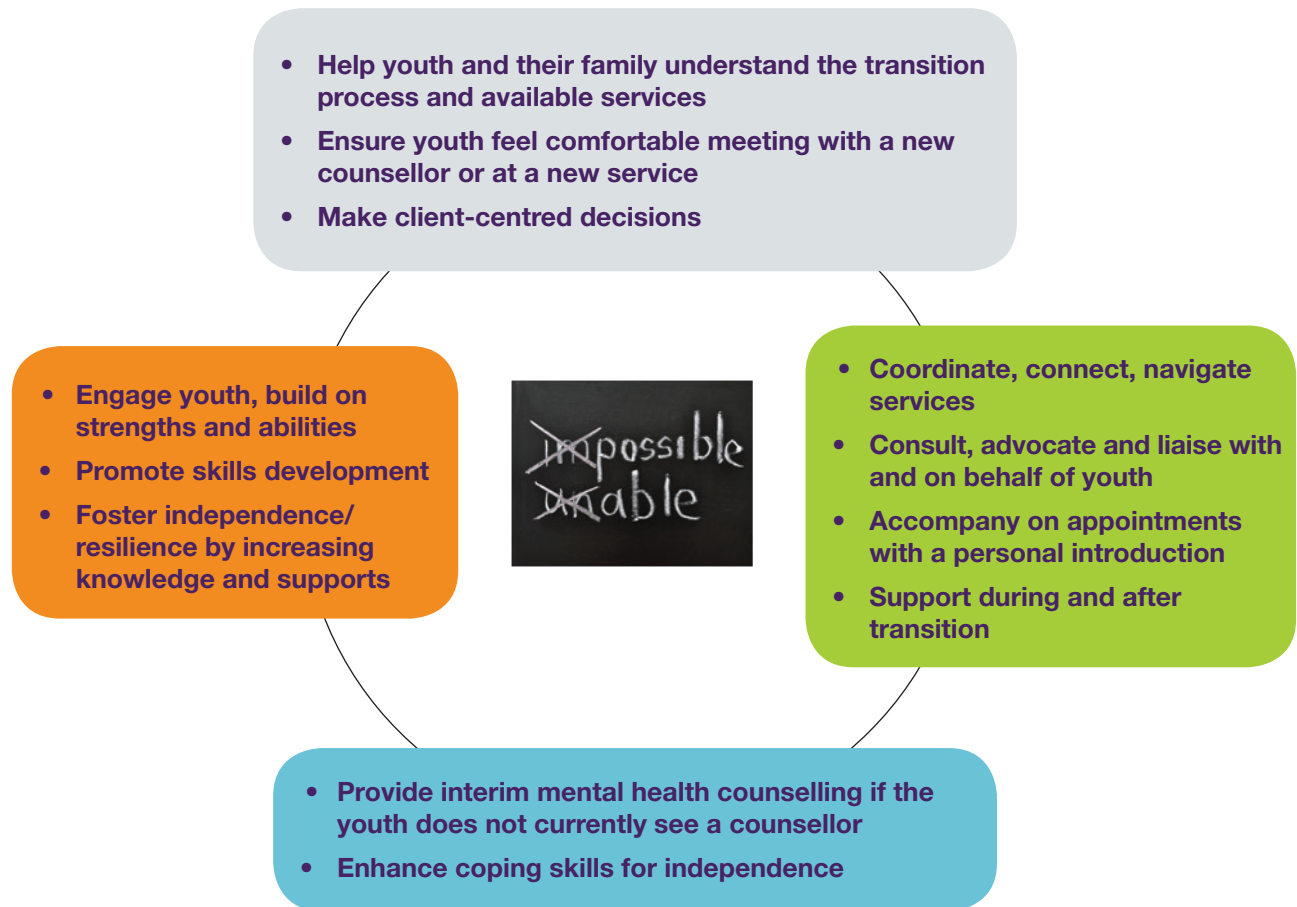
613 803 1452

hallk@lfgamh.ca

How We Can Help TAY

Support . **Connect** . **Empower**

The **Transitional Connector** collaborates with youth aged 16 to 24, their family, and service and care providers to:



The **Transitional Connector** coordinates transitions and services for mental health and addictions, education, employment, living situation, and daily activities to improve the emotional well-being of youth.