

# TAY

## Transitional Aged Youth

If you're 16 to 24 years old,  
we can help with:



- Finding a safe place to live
- Connecting to a Counsellor (for anxiety, depression, etc.)
- Employment readiness and finding a job
- Going back to school or continuing education
- Applying for financial support
- Getting government ID (health card, SIN, birth certificate, etc.)
- so much more!

**TAY Services are free and confidential.**

For more info or an appointment, contact the TAY Connector.

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**Support . Connect . Empower**

