

# TAY

## Transitional Aged Youth

If you're 16 to 24 years old,  
we can help with:



- Connecting to a Counsellor (for anxiety, depression, etc.)
- Finding a safe place to live
- Employment readiness and finding a job
- Going back to school or continuing education
- Applying for financial support
- Getting government ID (health card, SIN, birth certificate, etc.)
- so much more!

**TAY Services are free and confidential.**

For more info or an appointment, contact the TAY Connector.

**In Lanark:** 📞 613 207 0730 📞 613 283 2170 x248 ✉️ [taylanark@youthab.ca](mailto:taylanark@youthab.ca)

**In Leeds & Grenville:** 📞 613 803 1452 📞 613 342 2262 ✉️ [halk@llgamh.ca](mailto:halk@llgamh.ca)

Brockville

Smiths Falls

Carleton Place

Perth



**youthab.**

[www.youthab.ca](http://www.youthab.ca)

Serving Lanark, Leeds & Grenville

ADDICTIONS AND MENTAL HEALTH SERVICES  
HASTINGS PRINCE EDWARD

**Support . Connect . Empower**