

I feel stuck.

Make it Better for

TAY

Make the process comfortable for youth.

If the following describes you, a family member or a client of yours, we can help.

- Youth aged 16 to 24 who live in Lanark, Leeds & Grenville
- Youth who have persistent mental health (MH) and/or addiction issues
- Youth who need help connecting to community services (i.e. mental health, addictions, housing, education, employment, financial, etc.)
- Youth who need help to transition from children and youth mental health and/or addictions services to adult mental health and/or addictions services
- Youth who need extra support getting their life back on track and discussing their options

*Services are offered in Smiths Falls, Perth, Carleton Place and Brockville, and are free and confidential.

Support . Connect . Empower

TAY

Transitional Aged Youth

youthab.

www.youthab.ca

Addictions and Mental Health Services in Lanark, Leeds & Grenville (LL&G)

Children's Mental Health of Leeds & Grenville (CMHLG) provides a range of free mental health services for children, youth and their families (ages 0-17). CMHLG offers timely services on a continuum from single session through to intensive services.

Lanark County Mental Health responds to individuals (17 yrs+) who experience mental health concerns. Community services include:

- Crisis, counselling and treatment
- Case management
- Court Diversion / Court Support

Lanark, Leeds & Grenville Addictions and Mental Health provides addictions services for all ages and programs for individuals (16 yrs+) who experience various mental health issues.

Community services include:

- Substance Use Treatment
- Mental Health Treatment
- Case management
- Counselling

Open Doors for Lanark Children and Youth provides a range of community mental health services to clients (up to age 18) at no charge including:

- Quick response
- Counselling: single session, brief and extended
- Family resources

lcmh

Children's Mental Health of Leeds and Grenville

ADDITIONS AND MENTAL HEALTH
Together, we are here for you, today and tomorrow.

Open Doors
For Lanark Children & Youth

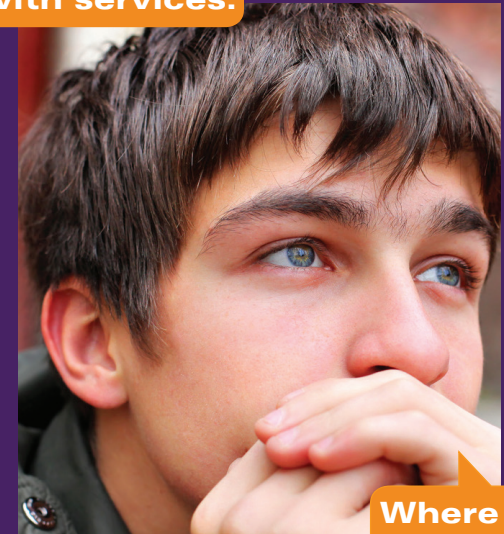
Support . Connect . Empower

TAY

Transitional Aged Youth
Ages 16 - 24



I need help connecting with services.



Where do I go now?

Serving Lanark, Leeds & Grenville

youthab.

Canadian Mental Health Association
Hastings Prince Edward
Addictions and Mental Health Services

I'm struggling.

Help for TAY

Transitional Aged Youth
Ages 16 - 24

Why Transition Services?

Services for children end at age 18 and services for adults begin at age 16, making it necessary for youth to move from one agency to another to continue receiving mental health services.

Some youth require connections to needed community supports and services.

Our Mission

To support youth holistically, connecting them to appropriate ongoing services and enhancing their skills toward independence.

Our Goal

To provide support and stability to youth during the transition process and assist them with their emotional well-being and day-to-day activities.

Contact

To make a referral or for more info, please contact:
Transitional Connector

In Lanark:

613 284 5119

613 969 1464

613 207 0730

taylanark@youthab.ca

In Leeds & Grenville:

613 342 2262

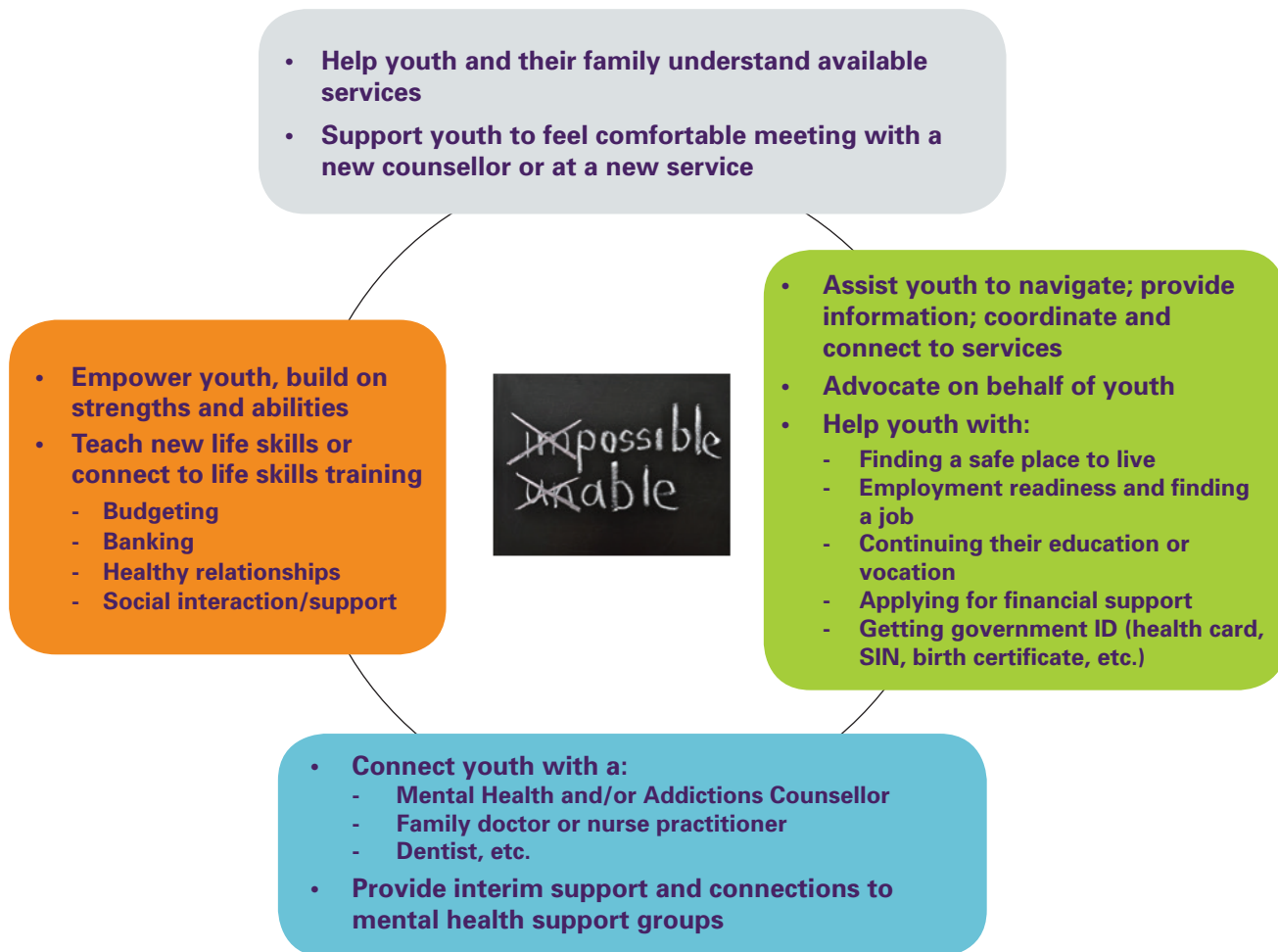
613 342 0884

youth@llgamh.ca

How We Can Help TAY

Support . Connect . Empower

The **Transitional Connector** collaborates with youth aged 16 to 24, their family, and service and care providers to:



The **Transitional Connector** engages and supports youth to enhance their coping and life skills, preparing and empowering them to take their next step toward independence.