

The Youth Substance Use Support
and Treatment Service
Engages. Supports. Empowers.

Take Control of Substances.
**Take back
your life.**



For youth ages 16 to 24:

- Who are concerned about their current substance use
- Who have experienced a problem with substance use
- Who have co-existing substance use and mental health issues
- Who may need information and/or support to manage substance use safely
- Who may have experienced withdrawal with or without medical support
- Who want to develop new coping skills and make healthier choices
- Who live in Belleville, Quinte West, Prince Edward County

**Youth Substance Use Support
and Treatment Service is
FREE + CONFIDENTIAL**

CONTACT INFO

youthab.

Support. Empower. Connect.

youthab.ca

 @youthabquinte  youthab.inc

 @youthab.inc



ADDICTIONS AND MENTAL HEALTH SERVICES
HASTINGS PRINCE EDWARD

CENTRAL INTAKE

310-OPEN (6735)

hopedreamrecover.ca

 @amhs_hpe

The Youth Substance Use Support and Treatment Service

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Our Youth Substance Use Team consists of:

- An Addictions Counsellor from Addictions and Mental Health Services Hastings Prince Edward (AMHS-HPE)
 - A Mental Health Addictions (MHA) Therapist from Youthab
- Together, the Addictions Counsellor and MHA Therapist collaborate to address each client's needs, and provide supportive services for youth and young adults experiencing substance use issues.

Youth Substance Use Support and Treatment Service includes:

- A youth-centred approach that is responsive to clinical needs
- Ongoing screening and assessment to ensure appropriate interventions and/or therapeutic treatments
- Supportive addictions counselling & therapy
- Individualized treatment planning that matches the youth's level of need and ability to develop skills for independence
- Options to manage substance use, including harm reduction skills and strategies
- Linkages to information, support and treatment to manage use or to withdraw safely
- Connection to other community services
 - Coordinating with the HPE TAY Connector or AMHS-HPE case management services for assistance with housing, health care, employment, education, financial support, government ID, etc.
- After care planning to support recovery

Referral information:

- Self-referral
- Family members, friends, caregiver
- Frontline staff that serve youth with substance use, or co-existing substance use and mental health issues
 - Includes and not limited to: Intake workers, child & youth workers, adolescent care workers, social workers, teachers, family physicians, nurse practitioners and primary care staff, mental health, justice, social, health services, etc.
 - Community agencies: central intake, crisis intervention, schools, primary care, justice services, social services, acute care or emergency, detox or residential treatment, mental health services, health services, etc.
- Rapid access within 24 to 48 hours, available when youth are ready
- Warm welcome and introduction from service/care providers
- Rapid re-entry as services are needed